

**STCC Associate of Arts in General Studies
to
AIC Bachelor or Science in Exercise Science**

Student Name: _____
 Evaluator: _____
 Date: _____

HCC Course #	HCC Course Name	HCC Credit	AIC Course #	Sub-category	AIC Course name	AIC Credit
Personal and Professional Development						
WAIVE	Waive		AIC1140		APEX1 (or elective)	3
			AIC2140		APEX2	1
			AIC3140		APEX3	1
			AIC4140		APEX4	1
Civic and Social Responsibility						
SOC/SCI ELE	Social Science (see AIC approved gen. ed. Sheet)	3	CSR		Civic and Social Responsibility: American Heritage/Society	3
SOC/SCI ELE	Social Science (see AIC approved gen. ed. Sheet)	3	CSR		Civic and Social Responsibility: Global Perspective	3
Human Culture and Expression						
<i>(5 courses, 15 credits total, with 2 courses in Composition and Communication and the 3 remaining courses in at least 2 of the remaining 3 areas)</i>						
ENG101	College Composition 1	3	ENG1201		English Composition	3
ENG102	Composition 2	3	ENG 1202		Analytical Writing	3
HUM ELE	Humanities (see AIC approved gen. ed. Sheet)	3	HCE		Human Culture and Expression (see AIC approved gen. ed. Sheet)	3
HUM ELE	Humanities (see AIC approved gen. ed. Sheet)	3	HCE		Human Culture and Expression (see AIC approved gen. ed. Sheet)	3
HUM ELE	Humanities (see AIC approved gen. ed. Sheet)	3	HCE		Any Human Culture and Expression Course (not previously taken above) Must be from different sub-category.	3
Major Requirements						
BIO201	Biology 1	4	BIO1400/1401	Scientific Perspectives and Inquiry	Biology I & Lab	4
BIO202	Biology 2	4	BIO1500/1501	Scientific Perspectives and Inquiry	Biology II & Lab	4
BIO231	Anatomy & Physiology 1	4	BIO1200/BIO1201	Scientific Perspectives and Inquiry	Human Anatomy and Physiology I & Lab	4
BIO232	Anatomy & Physiology 2	4	BIO1210/1211		Human Anatomy and Physiology II & Lab	4
			BIO3200		Human Functional Anatomy	3
PSY101	General Psychology	3	PSY1401	Individual and Interpersonal Behavior	General Psychology I	3
			PSY1501		General Psychology II	3
MAT115	Statistics	3	MAT1430	Quantitative Literacy	Statistics	3
			EXS1100		Introduction to Exercise Science	3
			EXS/IFE 1200		Health Science Professions	3
			EXS2100		Research Methods	3
			EXS2300		Motor Development and Learning	3
			EXS2400		Sport and Exercise Nutrition	3
			EXS3100		Human Biomechanics	3
			SRM 1600		Management of Sports Industry	3
			EXS3300		Physiology of Exercise	3
			EXS XXXX		Foundations of Strength and Conditioning	3
			EXS4100		Therapeutic Exercise	3
			EXS4200		Exercise Testing and Rx	3
			EXS4300		Exercise Testing for Special Populations	3
			EXS XXXX		Senior Seminar	2
			EXS4500		Research Seminar	3
			EXS XXXX		Practicum	3
			SRM3203		Sport Psychology	3
Electives						
CMP106	Computer Basics: Concepts and Applications	3	MIS1220		Applications of Microcomputers	3
ELE	Elective	3	ELE		Elective	3
ELE	Elective	3	ELE		Elective	3
ELE	Elective	3	ELE		Elective	3
ELE	Elective	3	ELE		Elective	3
ELE	Elective	3	ELE		Elective	3

Total Credits Earned at HCC

61

Total AIC Credits Remaining

59

- all sciences and stats must be completed within the last 5 years